

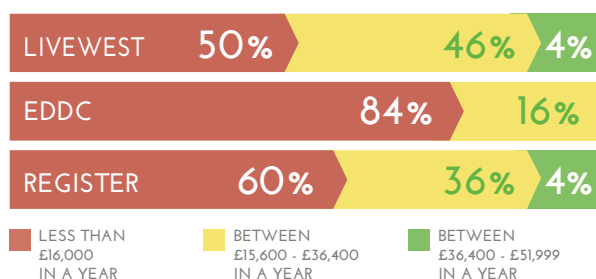
YOUR HOME YOUR WELLBEING

1500+ people from the South West of England have taken part in **the first stage** of a joint three year project exploring the relationship between **housing and wellbeing** with the Centre on Household Assets and Savings Management (CHASM) at the University of Birmingham, East Devon District Council (EDDC) and LiveWest.

The respondents to the survey were a sample of social housing tenants from EDDC and LiveWest and a sample of those who are on the waiting list for social housing (Register).

1. RESPONDENTS' INCOME

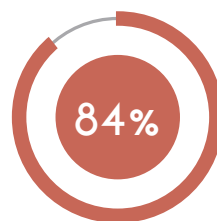
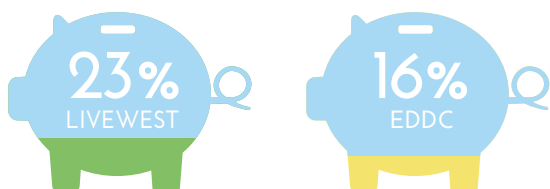
PROPORTIONS OF RESPONDENTS IN INCOME BRACKET PER SUB-SAMPLE:



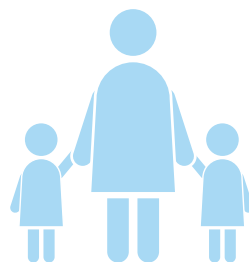
RESPONDENTS WHO HAVE RELIED ON HOUSING BENEFIT IN THE LAST 3 YEARS:



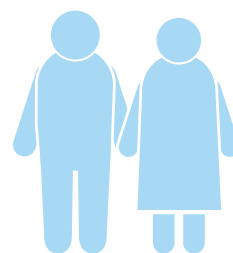
EDDC AND LIVEST RESPONDENTS ARE MORE LIKELY TO REPORT PROBLEMS WITH BENEFITS:



OF PEOPLE WHO HAD BENEFIT PROBLEMS SAID IT CAUSED THEM DIFFICULTY.

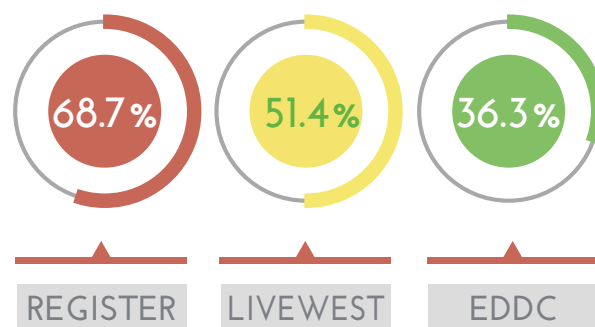


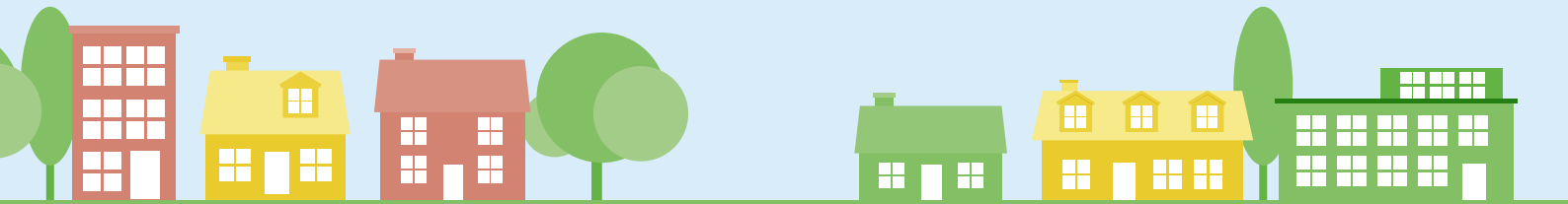
Women and households with children are more likely to experience benefit problems and to struggle financially.



Respondents over 65 years old are the most likely age group to struggle financially.

RESPONDENTS STRUGGLING TO MAKE ENDS MEET:

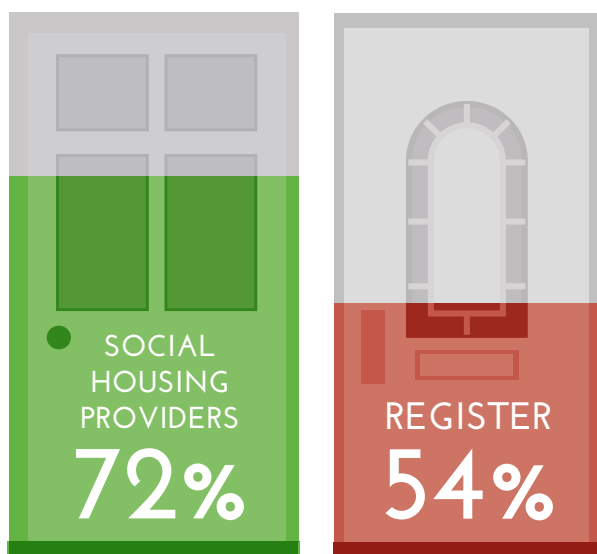




2. HEALTH AND WELLBEING

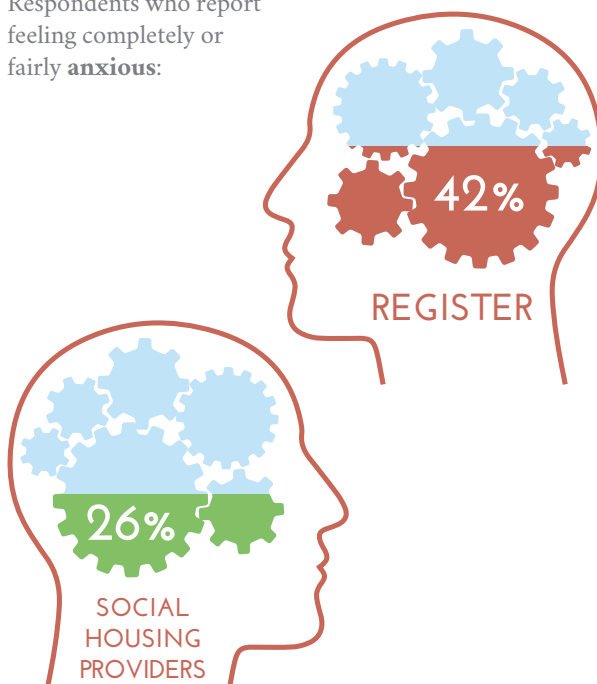
LIFE SATISFACTION

Respondents who report being completely or fairly **satisfied with life**:



ANXIETY

Respondents who report feeling completely or fairly **anxious**:



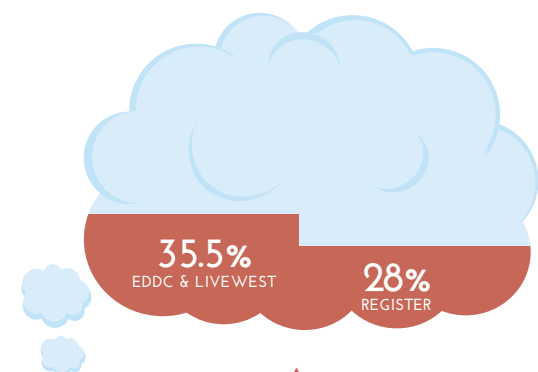
MOBILITY ISSUES

People with **mobility issues** are nearly **twice as likely** to say they are anxious than those without mobility issues.

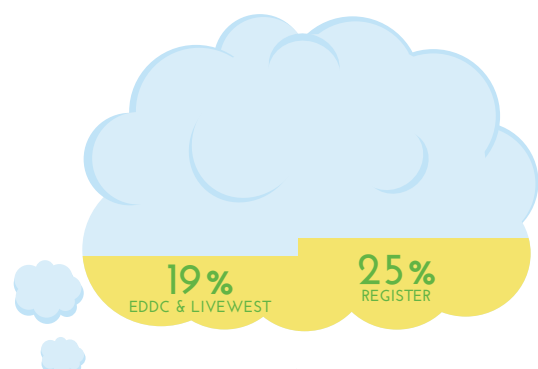


BENEFIT PROBLEMS AND POOR MENTAL HEALTH

Poor mental health is more prevalent amongst those reporting **problems with benefits** for LiveWest and EDDC respondents. This trend cannot be found among Register respondents.



OF THOSE WHO REPORT BENEFIT PROBLEMS HAVE POOR MENTAL HEALTH

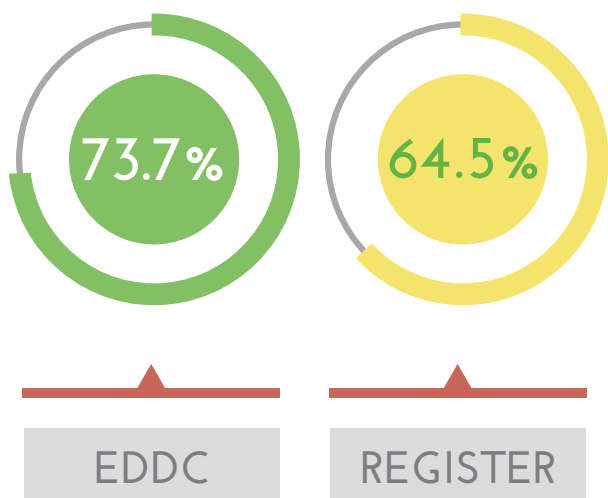


OF THOSE WITHOUT BENEFIT PROBLEMS HAVE POOR MENTAL HEALTH



3. WELLBEING AND EXPERIENCE OF HOME

RESPONDENTS WHO ARE SATISFIED WITH THEIR LANDLORD:



LANDLORD SATISFACTION AND WELLBEING

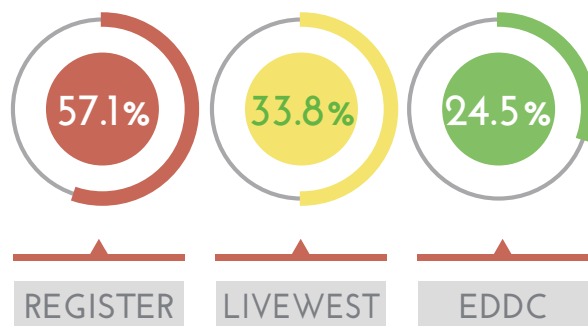
GENERAL SATISFACTION WITH THE LANDLORD IS ASSOCIATED WITH MORE HAPPINESS AND LESS ANXIETY



SATISFACTION WITH LANDLORD MAINTENANCE AND REPAIRS IS ASSOCIATED WITH MORE HAPPINESS AND LESS ANXIETY



RESPONDENTS WHO REPORTED SPECIFIC PROBLEMS WITH THEIR HOME THAT AFFECTS WELLBEING:



TOP PROBLEMS REPORTED

EDDC & LIVEWEST:



REGISTER:



REASONS FOR WANTING TO MOVE OR STAY IN CURRENT HOME

When asked what motivated respondents to stay in their current home or move to a new home, **the most important reason** is a desire for **long-term security** in their home. Other important reasons given are quality of life, affordability and suitability.



4. TENURE AND WELLBEING

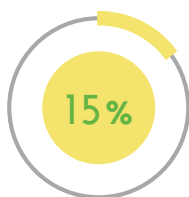
HAVING A GOOD HOME MATTERS FOR OVERALL LIFE SATISFACTION

People who **feel secure** in their home are **more likely** to report satisfaction with their lives.

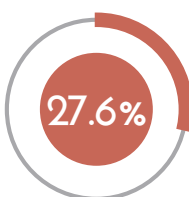
RESPONDENTS IN SOCIAL HOUSING HAVE BETTER WELLBEING

Those on the **Register** have significantly **lower wellbeing** and feel worse about their home.

Those on the **Register** are nearly **twice as likely** to be unhappy than EDDC and LiveWest respondents.



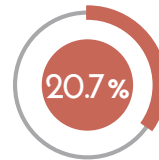
15% of EDDC and LiveWest respondents are **unhappy**



27.6% of **Register** respondents are **unhappy**



RESPONDENTS WHO DON'T THINK THEY HAVE PRIVACY IN THEIR HOME:



REGISTER

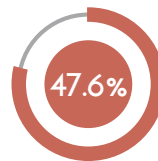


LIVEST

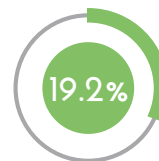


EDDC

RESPONDENTS WHO DON'T THINK THEY CAN DO WHAT THEY WANT WITH THEIR HOME:

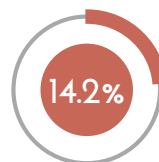


REGISTER

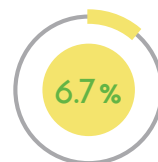


EDDC & LIVEST

RESPONDENTS WHO DON'T FEEL SAFE IN THEIR HOME:



REGISTER



LIVEST



EDDC

For more information about the research this summary is based on, please contact Dr James Gregory j.gregory@bham.ac.uk or Prof. Andy Lymer a.lymer@bham.ac.uk. This project was undertaken by CHASM, supported by East Devon District Council and LiveWest. Find out more about this project and follow its updates over the next three years at www.bham.ac.uk/chasm.



LiveWest

UNIVERSITY OF
BIRMINGHAM



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